

SAFEGUARDING OFFICERS: OLSJ & OLSW: Helen Mackay hmackay@btinternet.com & Tricia Turner: twinnie2.1954@btinternet.com; StB and StE: Tina Battle: christinabattle@sky.com; & Joe McGarry: joemcgarry@msn.com; St A: Frances Scott frances-scott@msn.com CtK & StMM: James Davies: jaddavis2006@hotmail.co.uk 07872 472549. Polish Community: Agata Antończyk agatuska@interia.eu

NOVENA TO OUR LADY OF THE MIRACULOUS MEDAL: First Saturdays during the 10am Mass OLSJ.

NEW TO THE PARISH? Or change of address: email, phone? Please complete *Details Update Form* at rear of Church.

CARLISLE FOOD BANK: The foodbank is short of: Milk, mashed potato, tinned rice pudding, tinned vegetables and pot noodles. email carlislefoodbankuk@gmail.com for further information. Items can be left at the back of church.

NHS 'TEST & TRACE' APP: at church scan the Q.R. at the door to record your attendance. Privacy details on the internet. If you do not check-in with your phone at church, you will still need to do a manual check-in (name on a list).

CHURCH WORSHIP IN LOCKDOWN: Government regulations say that it is permissible to attend church for communal worship even in lockdown provided strict adherence to COVID restrictions are maintained and there should be no mingling after worship. For further info. visit: www.gov.uk/guidance/national-lockdown-stay-at-home#places-of-worship

*To get the bulletin electronically visit
<https://app.flocknote.com/StHerberts> Then sign up
under Our Lady of Perpetual Help Parish.*

Last Week	Offertory	Special	Attended
OLPH	£2824.31	£256.55	644

EACH WEEKEND: Now that COVID restrictions have been eased by the government, more places will be available in the churches for Mass. Please be guided by the stewards as to where to sit. When capacity is reached entry will not be possible.
Please bring a face covering.

STANDING ORDERS REQUEST: Details below.
Setting up the Standing Order: The title of the Parish is long & can result in an error message when internet banking. Sort Code:40-27-02 A/C: 01334670 (HSBC UK). The donor should enter: LRC DTR CH No 234331 as the beneficiary. An error message may be received but if the donor is confident, they have entered the correct sort code & account number then ignore this and continue. To be paid Monthly. Donations by cheque to "Our Lady of Perpetual Help Carlisle".

ENQUIRIES: regarding Baptisms, Marriages, Funerals, First Communion, Confirmations or those wanting to become Catholic, please contact the Parish Office. Also, for all enquiries regarding the newsletter- admin@carlislecatholicchurch.org

SCHOOLS: St Ninians's Federation, Executive Head Mr M Merrick. Comprising: St. Cuthbert's Primary School - Victoria Road. www.st-cuthberts-carlisle.cumbria.sch.uk & St Margaret Mary- Kirklands Road. www.smmcatholicprimary.co.uk
St Bede's -Strathclyde Avenue. Head: Mrs L McMillan
www.stbedes.cumbria.sch.uk
St John Henry Newman Secondary School, Scalegate Rd, CA2 4NL Head: Mr J McAuley
www.newman.cumbria.sch.uk/

KEYS: Various members of our congregations hold keys to church properties. For insurance purposes we need to know who has keys to which premises. If you are a key holder to any church property, please give to the parish office your contact details and which keys you hold. If you hold keys which you no longer use, please pass to one of the priests and not to a third party, for security purposes. If you have passed your keys to another, please give details.

/Pentecost - Mural in St Bede's Church



**OUR LADY OF
PERPETUAL HELP,
CARLISLE
Sunday 23rd May 2021
PENTECOST**

PENTECOST: THE BIRTHDAY OF THE CHURCH

On the day of Pentecost (this is a Greek word meaning 50) when the seven weeks of Easter had come to an end, Christ's Passover is completed in the outpouring of the Holy Spirit. The Holy Spirit is shown to be a divine person. (The divine persons are: the Father, the Son, the Holy Spirit). St John and St Paul give us some wonderful reflections on how the Holy Spirit is alive in us, and the effects this new life brings.

It is the Spirit that enables us to have a relationship with God. "God has sent the Spirit of his Son into our hearts, crying, 'Abba! Father!'" (Gal4,6). "No one can say 'Jesus is Lord' except by the Holy Spirit." (1 Cor12,3). It is this same Spirit that binds together all the different followers of Christ into one body, the Church. This Spirit fills us with God's love. "God is Love" (1John4,8) and love is His first gift to us. "God's love has been poured into our hearts through the Holy Spirit who has been given to us." (Rom5,5).

The effects of the Holy Spirit in our lives are many and varied. But to name a few: the first effect of the gift of love is the forgiveness of our sins. He then gives us the very life of the Holy Trinity, which is to love as God has loved us. This love is the source of our new life in Christ, made possible because we have received "power" from the Holy Spirit. On this day, the Birthday of the Church, reconnect with your birthday gifts, the fruits of the Spirit: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control." (Gal5,22-23).

Priests: Canon Luiz Ruscillo, Revv Francis Osman, Christopher Loughran,

Deacons: Bill Kirkley & John Constable (Rtd)

ADDRESS: Blessed Christopher Robinson House, Lismore Place, Carlisle, CA1 1LZ. Tel. [01228] 642307

Website: www.carlislecatholicchurch.org

Email: admin@carlislecatholicchurch.org

Lancaster R.C. Diocesan Trustees Registered –
Registered Charity No. 234331

MASSES THIS WEEK: 23rd May 2021

Sunday: Yr B; Office: Proper Ps 4

Sun PENTECOST

6pm Vigil (St A) Bob Finlayson RIP
6pm Vigil (St B) Shirley Kenny
9am (CtK) McGough & White Families
9.30am (St B) People of the parish
10am (OLSJ) Baron & Matthews Families
11am (St A) Mairi McMahan (Health)
11am (St MM) John Philippou RIP
1pm (OLSJ) Polish Mass
4.30pm (OLSJ) Kevin Hickey RIP

CHURCH IS OPEN: for private prayer OLSJ Mon-Sat 8am to 5pm with Mass at

Mon. The Blessed Virgin Mary, Mother of the Church

10am (St E) Mary Gray

12.00 (OLSJ) Bob, Eve & Ray Morton RIP

Tue. St. Bede the Venerable

10am (St B) Kevin & Joan Philips

12.00 (OLSJ) Heath Rowland

Wed. St. Philip Neri

9.30am (St MM) In thanksgiving [School Mass]

12.00 (OLSJ) Margaret Cowan RIP

7pm (St A) DMs of Mounsey & Parini Families

Thur. OUR LORD JESUS CHRIST, Eternal High Priest

10am (CtK) Special Intention (S)

10am OLSW John Healy RIP

12.00 (OLSJ) Frs. Holden & Baron Ordination Anniversaries

Friday of week 8

12.00 (OLSJ) Teresa Baines RIP

7pm (St MM) Kosewscy Family

Saturday of week 8

10am (St MM) [Latin] Melania Hoga RIP

12.00 (OLSJ) Mary Constable RIP

Sun THE MOST HOLY TRINITY

6pm Vigil (St A) Patrick Dalton

6pm Vigil (St B) Storme Abrahams RIP

9am (CtK) Ryan Gannon

9.30am (St B) Mairead Boucherat RIP

10am (OLSJ) Isabel Loughran RIP

11am (St A) Nick & Jen Warwick Silver Wedding

11am (St MM) Heavenly Protection Gebura Family

1pm (OLSJ) Polish Mass

4.30pm (OLSJ) People of the Parish

Pope's Prayer Intentions for May: Let us pray that those in charge of finance will work with governments to regulate the financial sphere and protect citizens from its dangers.

LIVE-STREAMED MASS each day @ **Noon** from Our Lady & St Joseph's Mon-Sat; 10am on Sunday.
Search You Tube and further search of Our Lady of Eden.
BLESSED SACRAMENT EXPOSITION: Wed 6-7pm
St MM, Fri 6-7pm St MM & Sat 11am - Noon Mass OLSJ

Prayers for the sick Edith Black, Eric Bolderson, Marion Brecken, John Buckley, Margaret Campbell, John Carruthers, Fr Cassian, Maura Delap, Anne Douglas, Ged Feeney, Charley Ford, Ryan Gannon, George Hanlon, Harry Holmes, Muriel Lamb, Baby Lincoln, Karen Long, Reg Long, Robin McCormick, Maureen McKenna (Dias), Margaret McMullen, Irene McNarney, Winifred Mooney, May Moorehead, John Muter, Tricia Neumann, Brenda Notnan, Pamela, Pat & Jan Peace, Haley Read, Irene Robinson, Henry Samuel, Amy Scroggie, Raymond Stevens, Suzanne Stevens, Anne Wilson, Margot Wood, Jean Pagan, those in the Hospitals, Hospice and Carleton Clinic and all with COVID-19.

Lately Dead:

CONFESSIONS: are available after the Noon Mass at OLSJ; 6-7pm Wednesdays and Fridays at St MM and by appointment, both with social distancing. **FUNERALS, BAPTISMS & WEDDINGS:** can now take place in church with restrictions.

NEW PARISH OFFICE: see front of bulletin.

COVID 19 – NEW GUIDANCE: In Church always: Sanitise hand, wear a face covering (if not exempt), maintain social distancing, use 'one-way' system, sit in designated places. **Weekdays:** Stewards are no longer required for private prayer or Mass. OLSJ will be open 8am – 5pm(approx.) for private prayer (Mass at Noon). **Sundays:** Some extra seating, 2 readings before the Gospel & Bidding Prayers may now be used, Offertory Collection may be taken as before, Sign of peace returns but only with a bow of the head, Holy Communion under one kind only and advised to be received on the hand but may be received on the tongue but at the end of Communion.

NB MASS SWAP: Because Tuesday is the feast of St Bede, Mass will be celebrated that day at St Bede's church and on Monday at St Edmund's.

FIRST HOLY COMMUNIONS: Still unsure of what COVID restrictions will be in place in July, this year these will be held on Saturday 10th July at 2pm in St Augustine's, St Bede's, St Margaret Mary and Our Lady and St Joseph's.

REFUGEE SPONSORSHIP SCHEME: We have been blessed in Carlisle to have 2 groups from our Catholic churches, one from St Bede's & St Edmund's and one from St Augustine's exploring the possibility of welcoming a refugee family into our area and community. Many things have inevitably changed over the past 18 months. Those involved in these initiatives have considered the way forward. We have decided that we will continue to push forward with the scheme as one parish. It is now the *Our Lady of Perpetual Help Refugee Sponsorship Scheme*. We are grateful to all those who have given their time and energies to the projects. Those who are able to continue will join forces as one group. We thank those who have generously given money to the schemes. All these donations are recorded and ring-fenced for use on this scheme only. Since both initiatives have now been amalgamated, we do not at this stage need any further contributions.

EXTRA ORDINARY MINISTERS who take Holy Communion to the sick. A post-Covid meeting will take place at Blessed Christopher Robinson House Tue 1st June 7pm.

PASTORAL LETTER: From the Bishops' Conference on care of the environment. Copies at the back of church.

HOLY ROSARY DURING MAY:7pm, Mon-Fri at St Bede's outside statue; COVID secure; an opportunity for our Parish to seek the intercession of our Patron, Our Lady of Perpetual Help, for our discernment of the Will of God in His evangelisation of Carlisle.

On-line Parish Rosary each Friday in May on Zoom at 7.15pm for a 7.30pm start. Texts & Images will be provided. Decade Leaders and responders selected each week. For those familiar with Zoom click on Join Meeting and input the Meeting ID 857 8334 1361, or click on the link to join the meeting <https://us02web.zoom.us/j/85783341361>; no password.

CHRIST THE KING: Secretary required for Mill Hill Missions (red boxes). Contact Fr. Ruscillo for information.

FOR THOSE WHO HOME SCHOOL: Catholic Hybrid Home Schooling with Regina Caeli Academy (RCA). Available for children 4-18 years, a northern RCA hub is planned for September 2021 offering 2 full days of taught lessons and lesson plans for 3 days. The taught days comprise the majority of academic work & there is significant support for the home-schooling element.